

Betsy K. Schwartz, MMHS, PCDT (DONA), CTM

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Curriculum Vitae

Professional Experience:

- 1994- present: **Owner, Birth in the Know, LLC (formerly Tenth Month Doula Services)**
Started in 1994 in South Florida. Coordinated and performed postpartum care services for new mothers and their families and trained postpartum doulas. Currently make referrals to other agencies and providers, conduct webinars, speak at conferences,
Game Creator, Down the Canal – The Game of Birth, designed, published, copyrighted and trademarked a board game about birthing options in the United States. Implement marketing and distribution efforts.
Course Designer, Birth Pros E-learning, online at birthelearning.teachable.com. Created a school for online courses for CEUs for birth professionals. New courses developing.
- 2002 - 2003: **Parenting Coordinator, Mental Health Association of Broward County**, Fort Lauderdale, FL. Coordinated and facilitated parenting workshops throughout the Broward County schools.
- 1999-2003: **Childbirth Educator, A Mother's Choice Breastfeeding Service**, Broward County, FL. Taught breastfeeding and baby care classes to 10-15 couples monthly at local hospital. Taught childbirth and parenting to pregnant and parenting teenage girls.

Education and Certifications:

Childbirth in the Scientific Context of 2016, by Michel Odent

Rebozo workshop, by Gena Kirby

VBAC Facts Workshop, by Jen Kamel

Perinatal Mood Disorders: Components of Care, by Postpartum Support International

Postpartum Doula Certification, by DONA International

Certified Toastmaster (CTM), by Toastmasters International

Reiki Master, by Radiant Reiki International

Master in Management of Human Services, The Heller School for Advanced Studies in Social Welfare, Brandeis University, Waltham, MA

B.A., Cum Laude, University of Massachusetts, Amherst, MA

Memberships and Affiliations:

Former Board member, Communications Coordinator, Florida Breastfeeding Coalition

Founding member, Citrus Birth Network

Founding member and former board member, Coalition for Improving Maternity Services (CIMS)

Member, DONA International

Member, Childbirth and Postpartum Professional Association (CAPP)

Presentations:

- **May 2017, The Fun Factor: The Science Behind Fun and Play for Increased Learning**, 28th Annual Partners in Perinatal Health Conference, Norwood, MA
- **July 2016, The Fun Factor: The Science Behind Fun and Play for Increased Learning**, 11 U.S. cities
- 2003 – 2016, DONA International, **Postpartum Doula Training Workshop (3-6 per year)**
- October 2014, Teen parents class, WTI Citrus County, **focus group for creation of Down The Canal- The Game of Birth**
- August 2014, Citrus County Birth and Beyond Professional Network, **“Role of the Postpartum Doula”**
- January 2011, Teen parents class, WTI Citrus County, **“Bonding and Attachment”**